Mar Ivanios Syro-Malankara Catholic Church, Sydney 1st Mar 2020 Sunday

Issue Number: 002

SUNDAY CAPSULE

JESUS CURES THE LEPER



3 lessons from the leper

1. Approach God with humility; the leper bowed down with his face to the ground.

"Lord, if you are willing, you can make me clean"

- 2. Believe in God that he can help you out of any problem, however bad it is. It's never too late for God to help.
- 3. Ask for God's will when you do your prayer.

Kids activities.

- Try to sit on the floor when you do your evening prayer at home.
- ✓ Close your eyes & make a wish to Jesus as below;

Imagine Jesus is standing right in front of you.

"Jesus, if you are willing, I want

Jesus stretches his arms and touches you "I am willing,"

Quiz (based on Sunday Capsule 001)

- 1. What was Jesus's first miracle?
- 2. Name of the 1st Sunday in the season of Great Fast?
- 3. Who asked Jesus to help in the wedding at Cana?
 - 3. Mother Mary.
 - 2. Kothine Sunday.
 - 1. Jesus turned water into wine.

GARBO SUNDAY

Garbo Sunday or the Sunday of the leper is the second Sunday in the season of the Great Fast. The passage that is selected by the Church to be read as the Holy Gospel reading on Garbo Sunday is St. Luke 5: 12-16.

